

# Southeast Alaska Discovery Ranger Field Guide

## Instructions to Make your own

### Supplies:

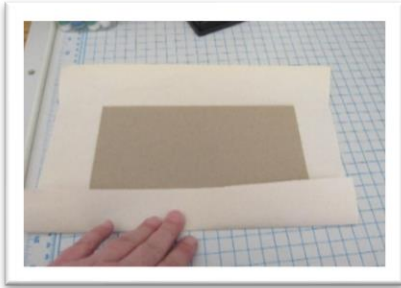
- Two 8 ½" x 5 ½" light cardboard rectangles
- Two construction paper rectangles (sized to be 1" larger than the cardboard)
- Two 8" x 5" construction paper rectangles
- 12" shoelace, string, yarn, or ribbon
- Glue stick, white glue, or spray adhesive
- Hole punch (Two-hole punch for best results)
- Markers, crayons, stickers, or other decorative items
- One Southeast Alaska Discovery Ranger Field Guide Cover & Bingo Page



## Step by Step Instructions

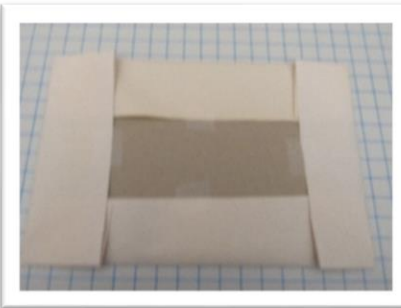
### Front and Back Covers

1. Place cardboard on top of the construction paper.



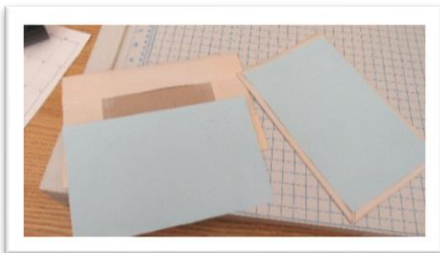
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2. Fold paper over long edges and glue or tape in place.
3. Fold paper over short edges and glue or tape in place.



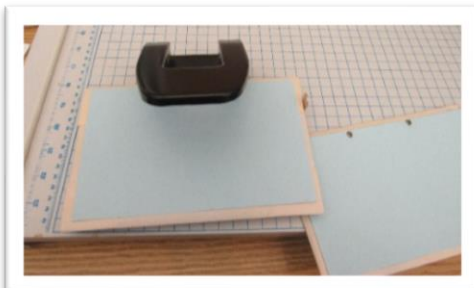
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4. Place 8" by 5" paper over the folded edges and glue into place.



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5. Repeat steps 1-4 to make second cover.
6. Using hole punch make two holes on one edge – repeat for both covers. Be sure holes are in the same place on each cover, a two-hole punch works well for this process.



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## Pages

1. Fold 8 ½" x 11" paper in half (Note 3 to 5 sheets are easier to hole punch)

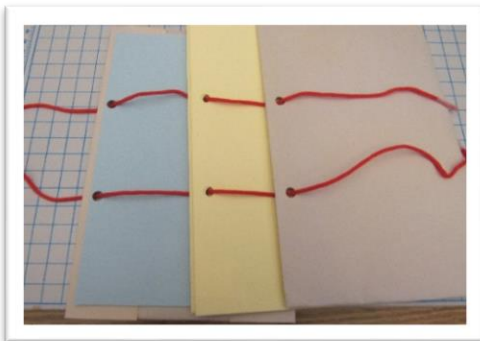


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2. Place folded edge in hole punch (holes should have the same placement as the ones in the covers)
3. Additional page sets can be added as you need more space in your field journal

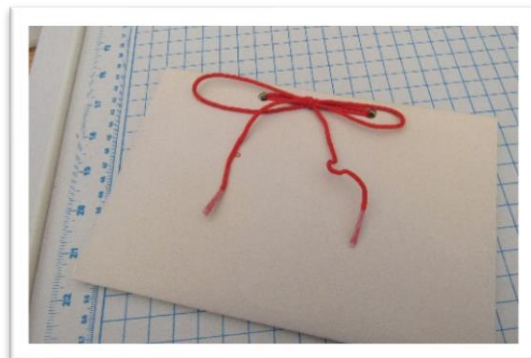
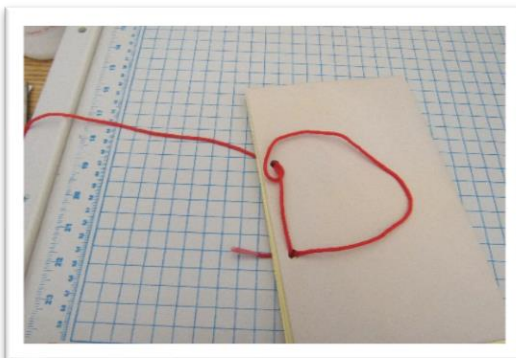
## Binding

1. Place your back cover on the table
2. Add your folded pages – lining up the holes
3. Place your front cover on the top of the pile – lining up the holes
4. Adjust string to make each side the same length



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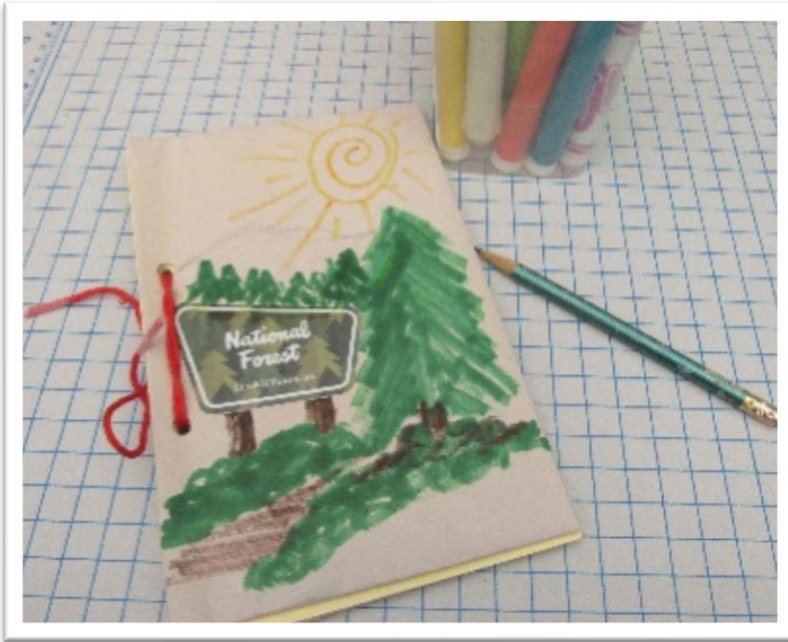
5. Pass your string through the top set of holes and then from the back to the front through the bottom set of holes.
6. Cross the strings and pass the string in the top set of holes through the bottom set of holes, and the string in the bottom set of holes through to top set of holes.
7. Flip your journal over and tie. (Note: A double knot will hold the binding securely and allow for adding more pages as needed.)



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## Decorate your Journal Cover

1. Using your choice of art supplies design a unique cover for your field journal.



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